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Effect of Enzyme Replacement Therapy on Disease Burden Biomarkers in Gaucher's Disease

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Authors' contributions

Authors MHH and AAS carried out the whole biochemical assays, wrote the first draft of the manuscript, managed the literature searches and performed the statistical analysis. Authors AEA, THS and KIE were responsible for study concept, design, patients selection and wrote the protocol. Author NBBM was responsible for data collections and blood sampling. All authors read and approved the final manuscript.

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ABSTRACT

Aims: We evaluate the effect of enzyme replacement therapy "ERT" on the plasma levels of some biochemical markers of the disease burden, in pediatric patients with Gaucher's disease "GD", in the form of plasma chitotriosidase "ChT", total acid phosphatase activity, ferritin and globulin to evaluate the therapeutic monitoring efficacy of such biomarkers.

Methodology: A cross sectional case control study, carried out on 26 GD pediatric patients, divided into group A (13): On ERT and group B (13): Not receiving ERT, and in addition to 20 healthy age

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and sex matched controls. ELISA assays of plasma ChT and ferritin, colorimetric assays of plasma total acid phosphatase activity and globulin, were done for all groups, while, plasma proteins electrophoresis was done for GD patients only.

Results: Significant higher plasma levels of ChT, total acid phosphatase activity, ferritin and globulin among GD not receiving ERT versus both GD on ERT and Control group. Positive correlation between plasma ferritin and total acid phosphatase activity ($r = 0.465$ and $P\text{-value} < 0.05$).

Conclusions: Plasma ChT, total acid phosphatase activity; ferritin and globulin are collectively helpful in evaluation and follow up the effect of ERT.

Keywords: Disease burden markers; Gaucher's disease; ERT.

1. INTRODUCTION

Gaucher's disease "GD" is one of the few lysosomal storage diseases "LSDs" for which treatment has been developed. ERT is one of the most used today, but substrate synthesis inhibition is also available [1].

Gaucher cells secrete many molecules that could be useful as biological markers of disease burden and/ or response to enzyme replacement therapy "ERT" [2]. These molecules include chitotriosidase, acid phosphatase and ferritin [3,4].

Studies on various biomarkers of Gaucher disease will predict the clinical severity and assess the response in patients receiving ERT. A collection of plasma biomarkers in the form of plasma ChT, total acid phosphatase activity, ferritin and globulin were studied to test and confirm if their plasma levels will be affected by ERT in GD patients or not.

2. MATERIALS AND METHODS

2.1 Study Population

The present study is a cross sectional case control study, was carried out on 26 pediatric patients divided into two groups; Group A: It includes 13 GD patients receiving the ERT 4 years or more with imiglucerase (Cerezyme, 60 U/kg/2weeks by intravenous infusion over 1–2 hrs) and Group B includes 13 GD patients not receiving the ERT, in addition to 20 apparently healthy children, age and sex matched selected as control group (group C). They were recruited from the pediatric outpatient clinics and inpatients Pediatric departments of Assiut and Qena University hospitals, which are of the major tertiary referral pediatric hospitals in Upper Egypt after approval of the university hospital ethical

committee. Prior to initiation of the study; every subject and his/her parents were informed about the aim of the study and gave a written consent. The study was carried out during the period from January 2015 to May 2016.

2.2 Laboratory Workup

Complete blood counts "CBC", albumin, globulin, alkaline phosphatase "ALP", bilirubin (total and direct), liver enzymes (ALT and AST) were taken already from the file of the patients. Complete blood counts "CBC" were measured using (Cell Dyn 1800-Abbott diagnostics, Germany). Liver function tests including albumin, globulin, A/G ratio, alkaline phosphatase "ALP", bilirubin (total & direct) and liver enzymes (ALT & AST) were estimated using [Cobas C311 (Roche diagnostics, Germany)].

Three cc of venous blood was drawn from the included children on EDTA tubes, centrifuged at 3500 rpm for 15 min and the separated plasma from each tube was stored into aliquots using 1 ml cryotubes at -20°C until the biochemical analysis for GD burden biomarkers.

Using commercially available enzyme-linked immune-sorbent assay (ELISA) assay kits (using ELISAmultiskan EX microplate photometer, thermo scientific, STAT FAX-2100, USA) according to manufacturer protocol for measurements of plasma ChT (supplied by Elabscience Biotechnology Co., Beijing, Catalog No: E-EL-H5620) and plasma Ferritin (supplied by BIOCHECK, INC, 323 Vintage Park Dr., Foster City, CA 94404- Catalog Number: BC-1025).

Using commercially available colorimetric assay kit (using T60 UV visible spectrophotometer. PG INSTRUMENTS LIMITED, Alma park wibtoft, Leicester sheshire, England. LE17SBE. Serial No. 20-1650-01-0010) according to manufacturer

protocol for measurement of plasma total acid phosphatase activity (supplied by Bio-Diagnostic Co. Cairo, Egypt, Catalog No: AC 10 10).

Plasma protein electrophoresis was performed using Sebia capillary electrophoresis, Sebia, Inc. according to manufacturer's guidelines. Plasma proteins were separated into 6 components; albumin, alpha1, 2, beta1, 2 and gamma globulin. The separation was carried out on silica capillaries according to their electrophoresis mobility and electroosmotic flow at high voltage in alkaline media.

2.3 Statistical Analysis

Data were analyzed using SPSS (statistical program for social science version 12): Quantitative variables were described as mean ±SD. Qualitative variables were described as number and percentage. Unpaired t-test was used for comparison between quantitative variables, in parametric data. Correlation coefficient test was used to rank variables positively or inversely. P value >0.05 insignificant, P<0.05 significant, P<0.001 highly significant.

3. RESULTS

Regarding the demographic and clinical data of the studied groups; Group A (mean age 6.20

years ±5.88 SD) (6 males, 7 females); group B (mean age 6.04 years ±4.99SD) (8 males, 6 females); Group C (mean age 8.07 ±5.50SD) (12 males, 8 females), 20 (77%) have GD type 1 and 6 (23%) have GD type 3.

Significant higher plasma levels of chitotriosidase, ferritin and lower platelet count among group B in comparison with group A and group C (P-value was <0.05 and <0.001 respectively for each) (Table 1 and Table 2).

Significant higher plasma levels of total acid phosphatase activity and lower hemoglobin levels among group B when compared with group A and group C (P-value was <0.001 and <0.001 respectively for each) (Table 1 and Table 2).

Significant higher plasma levels of globulin among group A and group B in comparison with group C with polyclonal hypergammaglobulinemia in 46% of group A and in 61.5 % of group B (Table 1).

There was positive correlation between plasma ferritin level and plasma total acid phosphatase activity (r = 0.465 and P-value was <0.05) (Fig. 1).

Table 1. Comparison between the studied groups (group A, group B and group C) regarding complete blood count and liver function tests

Variables	Group A (n =13)	Group B (n= 13)	Group C (n= 20)	P-value		
				P ₁	P ₂	P ₃
Complete blood count parameters:						
Hemoglobin (g/dl, mean ± SD)	12.30±1.30	9.13±2.22	12.92±0.85	.000**	.070	.000**
White blood cell count (x 10 ⁹ /L, mean ± SD)	7.32±2.37	5.80±2.61	6.94±1.63	.134	.554	.088
Platelet count (x 10 ⁹ /L, mean ± SD)	220.85±104.25	109.00±58.35	264.20±61.40	.003*	.095	.000**
Liver function tests:						
Total bilirubin (mg/dl, mean ± SD)	8.62±4.30	12.33±4.70	10.15±2.98	.051	.185	.079
Direct bilirubin (mg/dl, mean ± SD)	1.96±1.13	2.43±0.89	2.80±0.93	.072	.061	.699
Aspartate transaminase (AST) (U\I, mean ± SD)	35.85±14.62	47.41±33.12	30.93±5.52	.264	.114	.011*
Alanine transaminase (ALT) (U\I, mean ± SD)	18.615±9.55	20.58±10.06	21.17±6.68	.322	.128	.068
Alkaline phosphatase (ALP) (U\I, mean ± SD)	188.15±47.97	160.67±78.11	194.90±59.87	.296	.312	.082
Albumin (g/dl, mean ± SD)	3.64±0.73	3.68±0.57	3.88±0.30	.866	.122	.141
Globulin (g/dl, mean ± SD).	3.23±0.63	4.23±0.88	2.53±0.33	.006*	.000**	.000**
Polyclonal hypergammaglobulinemia (NO., %).	6 (46%)	8 (61.5%)	----	----	----	----
A/G ratio(mean ± SD)	1.24±0.28	0.91±0.27	1.55±0.19	.008*	.000**	.000**

P₁: A versus B - P₂: A versus C - P₃: B versus C.

P value >0.05 insignificant, * P<0.05 significant, **P<0.001 highly significant

Table 2. Comparison between the studied groups regarding plasma chitotriosidase level, ferritin level and total acid phosphatase activity

Variables	Group A (n =13)	Group B (n= 13)	Group C (n= 20)	P-value		
				P ₁	P ₂	P ₃
Plasma chitotriosidase (pg/ml, mean ± SD))	1366.46±444.83	2134.27±965.43	624.55±375.24	0.038*	0.000**	0.000**
Plasma ferritin (ng/ml, mean ± SD))	190.42 ± 144.93	476.69 ± 336.84	69.89 ± 59.93	0.017*	0.001*	0.000**
Plasma total acid phosphatase activity (U/L, mean ± SD))	13.53± 1.73	26.99 ± 12.58	11.59 ± 4.17	0.000**	0.067	0.000**

P₁: A versus B - P₂: A versus C - P₃: B versus C.
P value >0.05 insignificant, * P<0.05 significant, **P<0.001 highly significant

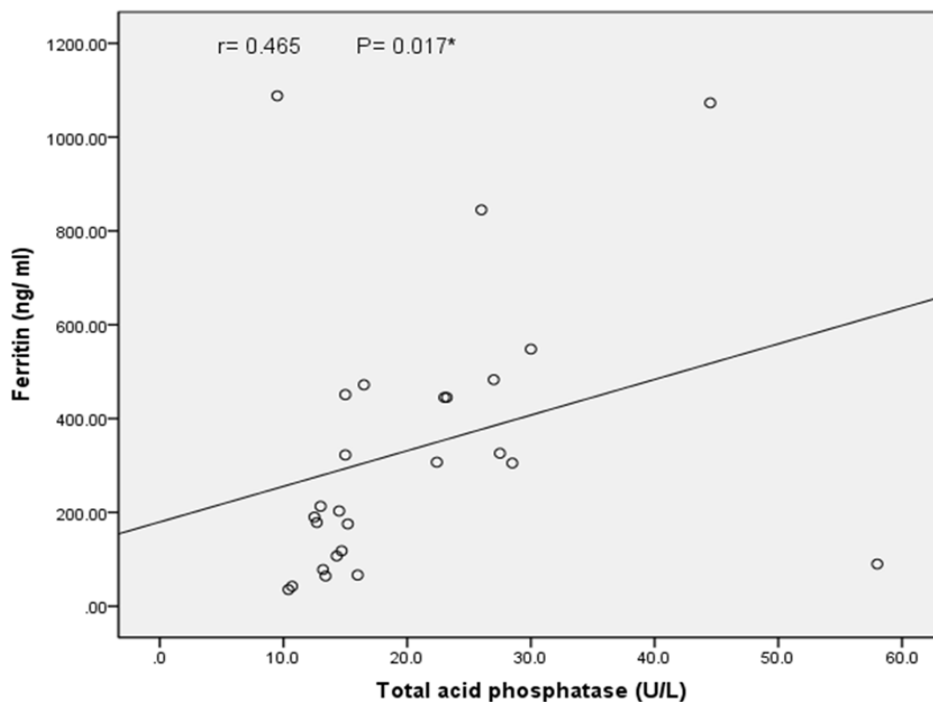


Fig. 1. Correlation between plasma ferritin and total acid phosphatase activity among GD patients showing positive correlation

4. DISCUSSION

Regarding the effect of ERT on some laboratory parameters related to pediatric patients with GD, the present study showed significant higher plasma levels of ChT, ferritin and lower platelet count among group B in comparison with group A and group C, significant higher total acid phosphatase activity and lower hemoglobin levels among group B in comparison with group A and group C, while, total leukocytic count (TLC) showed non-significant differences among group B in comparison with group A and group C.

Although the comparison regarding the previous laboratory parameters wasn't in the same group of GD patients pre and post-ERT because the study was a cross sectional, but still significant differences between group A and B were present. In accordance with these findings, Souza et al. [5] found that GD patients had significantly lower levels of hemoglobin and platelet count at diagnosis when compared with two years following the ERT with non-significant changes for TLC after treatment. Also, a study done by Sumaracet al. [6] on patients with GD, reported higher plasma levels of ChT, total acid phosphatase and ferritin before ERT with

significant initial decrease in their plasma levels following ERT. Another study done by Stein et al. [7] on patients with a diagnosis of GD, demonstrated an impressive elevation of plasma ferritin in GD with significant decrease in ferritin level after the ERT.

According to the human body physiology, when the macrophages, present in the spleen, digest the red blood corpuscles, the hemoglobin will be disappeared with subsequent rise in the lysosomal ferritin granules number and activity of acid phosphatase [8]. In the present study, there was a positive correlation between plasma ferritin level and total acid phosphatase activity with non-significant correlation neither between plasma ferritin levels and plasma ChT levels nor between total acid phosphatase activity and plasma ChT levels. On the contrary, a study done by Cabrera-Salazar et al. [9] found significant positive correlation between plasma total acid phosphatase activity and plasma ChT activity among GD patients. Also another study done by Sumaracet al. [6] reported a significant positive correlation between plasma total acid phosphatase activity and plasma ChT activity and non-significant correlations between ferritin and any of the other two biomarkers among GD patients.

The actual mechanistic relationship between GD and the associated immunoglobulinopathies is still unknown [10]. The findings of the present study revealed a significant higher plasma levels of globulin among group A and group B in comparison with group C, with statistically significant lower albumin/ globulin ratio (A/G ratio) in group A and group B in comparison with group C. Plasma protein electrophoresis revealed polyclonal hypergammaglobulinemia in 46% of group A and in 61.5% of group B. In accordance with these findings, Arıkan-Ayyıldız et al. [11] found that hyperimmunoglobulinemia was present in 66% and 60% before the administration of ERT, and after ERT intake, respectively among GD pediatric patients involved in their study.

5. CONCLUSIONS

The present study proves that plasma ChT, total acid phosphatase activity, ferritin and globulin are together helpful prognostic biomarkers in monitoring patient response, with GD, to the effect of ERT.

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COMPETING INTERESTS

Authors have declared that no competing interests exist.

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